

# Sacramento Freifechter



## HEMA Class: Meyer's Longsword (Schüler)

Longsword forms the core of Joachim Meyer's art of combat. In this class you will learn to use a variety of techniques to attack and defend. The class includes solo and paired drills, tactical exercises and structured sparring. You must have completed the Introduction to Meyer's Longsword class and earned your Schüler rank or above to participate.

Rank: Schüler or Fechter

Gear: Federschwert, Mask, Gloves

When 04/13/2017 at 10:15

Location: Sacramento Turn Verein, 3349 J St, Sacramento, CA 95816-4502, USA

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*End of agenda.*